

Headless Compression PT Screw System

### Surgical Technique



Headless Compression PT Screw System

# Arthrex

#### 2.5 and 3.0 mm Headless Compression PT Screws

The 2.5 mm and 3.0 mm titanium Headless Compression PT Screws can be used for fixation of osteotomies, fusion or fracture fixation in the foot/ankle, hand/wrist and elbow.

The screws provide compression due to different thread pitches at the head of the screw and at the distal thread of the screw.

A hexalobe recess provides improved torque transmission and allows for simplified insertion.

The 2.5 mm and 3.0 mm Headless Compression PT Screw System (AR-8610S-01) also includes the 2.0 mm snap-off QuickFix<sup>™</sup> screws for Weil osteotomies to serve as a complete solution for the forefoot.

#### Features of 2.5 and 3.0 mm Headless Compression PT Screws:

- Headless design
- Self-drilling and self-tapping
- Hexalobe drive (2.5 mm = T7; 3.0 mm = T8)
- Cannulated
- Titanium
- Color coded instruments
- Short and long guidewires (80 mm or 120 mm) available
- Distal thread lengths =  $\frac{1}{3}$  of overall screw length
- Lengths of 2.5 mm screws: 8-34 mm
- Lengths of 3.0 mm screws: 10-36 mm





#### Chevron Osteotomy using the 3.0 mm Headless Compression PT Screw



Fix the osteotomy with a 1 mm Guidewire. There are two Guidewire lengths available, 80 mm and 120 mm.



Use the 2.0 mm straight Cannulated Drill Bit to drill the entire length of screw path. Countersink to appropriate depth as indicated by notches. Optional Step Drill may be used.



Measure the screw length with the appropriately sized measuring device over the Guidewire. In this example, the recommended screw length is 24 mm.



Choose appropriate screw length and insert the Headless Compression PT Screw with the Hexalobe T8 Screwdriver.



Advance the screw into the bone, until the head is flush with the bone and compression is achieved.



Remove the Guidewire. Repair is complete.



#### 4.3 and 6.5 mm Headless Compression PT Screws

The 4.3 mm and 6.5 mm titanium Headless Compression PT Screws can be used for the fixation of osteotomies, fusions or fracture fixation in the mid and hindfoot.

The headless design reduces the risk of profile complications, provides compression and allows for simplified insertion.

#### Features of 4.3 and 6.5 mm Headless Compression PT Screws:

- Headless design
- Self-drilling and self-tapping
- Hexalobe drive (4.3 mm = T15; 6.5 mm = T25)
- Cannulated
- Titanium
- Color coded instruments
- Guidewires: 1.35 mm x 170 mm (4.3 mm screws) 2.4 mm x 170 mm (6.5 mm screws)
- 4.3 mm screws: distal thread length =  $\frac{1}{3}$  of overall screw length
- $\bullet$  Lengths of 4.3 mm screws: 14-50 mm (x2)
  - 55-80 mm (x5)
- Lengths of 6.5 mm screws: 30-120 mm (x5) (18 mm short thread) 60-120 mm (x5) (28 mm long thread)





#### Medializing Calcaneal Osteotomy (MCO) Technique using the 6.5 mm Headless Compression PT Screw



Cut the calcaneus 2 cm from the posterior edge. Translate fragment 1 cm medially.



Measure Guidewire depth with the Depth Gauge line to line.



Countersink over the Guidewire to proper depth.



Repeat the steps for the second 6.5 mm Headless Compression PT Screw insertion. Repair is complete.



Maintain the correction with two 2.4 mm Guidewires at the desired location of the screws.



Drill with the 4.3 mm drill past the osteotomy site over the Guidewire.



Insert first 6.5 mm Headless Compression PT Screw by using the T25 Hexalobe Screwdriver. Screws may be inserted by hand or power. Final tightening should be done by hand.

## **Ordering Information**

## Headless Compression PT Screw System 2.5 and 3.0 mm (AR-8610S-01) includes:

(111000100 01) 11010000	
Instruments for 2.5 mm Headless Compression Screws:	
Drill Bit, cannulated, 1.7 mm (single use)	AR-8610DB-25C
Countersink	AR-8610CS-25
Step Drill, 10 mm (single use)	AR-8610TDC-01C
Step Drill, 20 mm (single use)	AR-8610TDC-02C
Step Drill, 30 mm (single use)	AR-8610TDC-03C
Driver Shaft, T7 hexalobe, cannulated	AR-8610D-25
Cleaning Stylet	AR-8610CLS-25
Guidewire, 0.86 mm x 120 mm (single use)	AR-8610K-25
Guidewire, 0.86 mm x 80 mm (single use)	AR-8910KS-25
Drill Guide, 0.86/1.7 mm	AR-8737-03
Instruments for 3.0 mm Headless Compression PT Screws:	
Drill Bit, cannulated, 2.0 mm (single use)	AR-8610DB-30C
Countersink	AR-8610CS-30
Step Drill, 10 mm (single use)	AR-8610TDC-10C
Step Drill, 20 mm (single use)	AR-8610TDC-20C
Step Drill, 30 mm (single use)	AR-8610TDC-30C
Driver Shaft, T8 hexalobe, cannulated	AR-8610D-30
Cleaning Stylet	AR-8610CLS-30
Guidewire, 1.0 mm x 120 mm (single use)	AR-8610K-30
Guidewire, 1.0 mm x 80 mm (single use)	AR-8610KS-30
Common Instruments:	
Cannulated Driver Handle w/AO connection (optional: AR-8950RH)	AR-13221AOC
McGlamry Metatarsal Elevator	AR-8930M
Screw Holding Forceps, self-retaining	AR-8941F
Depth Gauge, small	AR-4166
HCS 2.5 and 3.0 mm Instrument Case	AR-8610C-01
HCS 2.5 and 3.0 mm Screw Caddy (included in AR-8610C-01)	AR-8610C-01-SC
Depth Guide, for 2.5 mm and 3.0 mm HCS	AR-8610DG-01
Depth Guide, short, for 2.5 mm and 3.0 mm HCS	AR-8610DG-03
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Implants: Headless Compression Screws, 2.5 mm x 8 – 34 mm	
(2 mm increments)	AR-8625-08 – 34
Headless Compression Screws, 3.0 mm x 10 – 36 mm	711-0023-00 - 34
(2 mm increments)	AR-8630-10 – 36
(2 mm merements)	AR-8030-10 - 30
2.0 QuickFix <sup>™</sup> Screws (included in AR-8610S-01)	includes:
Instruments for 2.0 mm QuickFix Screws:	
2.0 mm Driver Shaft for QuickFix Screw System	AR-8930D
1.3 mm Drill Bit for 2.0 mm QuickFix	AR-8930D-13
Cutter, QuickFix Screw, 2 mm	AR-8930R

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1.3 mm Drill Bit for 2.0 mm QuickFix	AR-8930D-13
Cutter, QuickFix Screw, 2 mm	AR-8930R
QuickFix Clamp	AR-8930MC
Drill Guide, 1.5 mm	AR-8933G
Implants:	
QuickFix Screws, 2.0 mm x 10 – 14 mm	AR-8930-10 – 14

## **Ordering Information**

## Headless Compression PT Screw System 4.3 and 6.5 mm (AR-8610S-02) includes:

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Instruments for 4.3 mm Headless Compression Screws:	
Guidewire, 1.35 mm x 170 mm (single use)	AR-8610K-43
Drill Bit, cannulated, 3.0 mm (single use)	AR-8610DB-43C
Countersink	AR-8610CS-43
Driver Shaft, T15 hexalobe, cannulated	AR-8610D-43
Cleaning Stylet	AR-8610CLS-43
Cannulated Driver Handle w/AO connection	AR-13221AOC
Handle, quick coupling, ratcheting, cannulated	AR-8950RH
Instruments for 6.5 mm Headless Compression PT Screws:	
Guidewire, 2.4 mm x 170 mm (single use)	AR-8610K-65
Drill Bit, cannulated, 4.3 mm (single use)	AR-8610DB-65C
Countersink	AR-8610CS-65
Driver Shaft, T25 hexalobe, cannulated	AR-8610D-65
Cleaning Stylet	AR-8610CLS-65
Ratcheting Screwdriver Handle	AR-1999
Tear Drop Handle	AR-2001
Hudson Adapter	AR-1416
Common Instruments:	
Depth Guide for 4.3 mm and 6.5 mm HCS	AR-8610DG-02
Depth Device, large, hook tip	AR-4167
Drill Guide, 3.0/4.5 mm	AR-8970-02
HCS 4.3 and 6.5 mm Instrument Case	AR-8610C-02
HCS 4.3 and 6.5 mm Screw Caddy (included in AR-8610C-02)	AR-8610-02-SC
Implants:	
Headless Compression Screw, 4.3 mm x 14 – 50 mm	
(2 mm increments)	AR-8643-14 – 50
Headless Compression Screw, 4.3 mm x 55 – 80 mm	
(5 mm increments)	AR-8643-55 – 80
Headless Compression Screw, 6.5 mm x 30 - 120 mm	
(18 mm short thread in 5 mm increments)	AR-8665-1830 – 18120
Headless Compression Screw, 6.5 mm x 60 - 120 mm	
(28 mm long thread in 5 mm increments)	AR-8665-2860 – 28120

This description of technique is provided as an educational tool and clinical aid to assist properly licensed medical professionals in the usage of specific Arthrex products. As part of this professional usage, the medical professional must use their professional judgment in making any final determinations in product usage and technique. In doing so, the medical professional should rely on their own training and experience and should conduct a thorough review of pertinent medical literature and the product's Directions For Use.



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