

Arthrex Bunionectomy

Minimally Invasive Bunion Correction

Results You Can See Scars You Can't



BunionPain.com

Minimal scarring of actual patient. Results may vary. Unretouched photo.

What is the Arthrex Minimally Invasive Bunionectomy?

- Realigns the bony structures of your big toe
- Achieves 3-dimensional (3D) correction without fusing a joint
- Maintains a healthy healing environment postoperatively

Why Arthrex Minimally Invasive Bunionectomy?

The Arthrex Minimally Invasive Bunionectomy procedure is performed by trained foot and ankle surgeons using new, advanced instrumentation and less invasive surgical techniques. Small, pin-sized instruments can be inserted through the skin to correct the bunion deformity and stabilize the repair.

Key Benefits for a Faster Recovery

- Less postoperative pain,^{1,2} swelling,³ and stiffness⁴
- Small incisions leave almost no scar
- Maintain motion in your toe

Before and After



Before

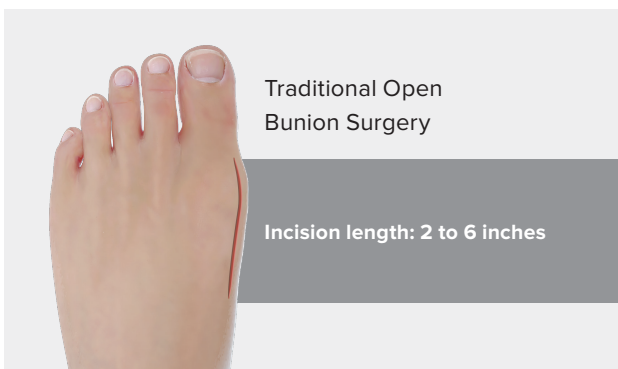
After



Before

After

76% Smaller Scars^{1,5}



Less Invasive

Small "percutaneous" incisions act as entry portals for the specialized instruments surgeons use to perform the procedure. The $\frac{1}{8}$ - to $\frac{1}{2}$ -inch incisions are made on the side of the foot as compared to traditional bunion surgeries performed through a 2- to 6-inch incision.

Recover up to 8 Weeks Faster

On average, recovery after the Arthrex Minimally Invasive Bunionectomy is up to 8 weeks faster than after traditional open procedures.^{1,6} Most patients are able to walk away from surgery without assistance of a knee scooter or crutches, and are able to return to daily activities sooner.^{1,5}



Day of Surgery

Walk away from the surgical center wearing a special post-op shoe.



2 to 4 Weeks

Continue to wear the post-op shoe and walk with full or partial weight-bearing.



6 to 8 Weeks

Transition to athletic shoes and begin light exercise.



12 to 16 Weeks

Resume normal activities and wear the shoes you want.

About Bunions

While a bunion is characterized by a hard bump on the side of your big toe, you may be surprised to learn that the bump is not a growth, rather it is a result of a more complex deformity involving a loss of alignment of the bones in your foot.

This condition, called hallux valgus, occurs when the 1st metatarsal (bone) in your big toe rotates out of alignment and causes your big toe to lean in and crowd your other toes. The head of the metatarsal juts outwards to form a bunion. Hallux valgus is a progressive condition that is unlikely to improve without surgical correction.

What are the symptoms of a bunion?

- You may experience mild pain at the base of your big toe
- You may feel like your shoe is tighter or that the inside of your foot is rubbing against your shoe
- Redness and swelling at the joint of the base of the toe are also common when a bunion is developing
- The area around your big toe joint may become numb after standing for long periods



Attach surgeon contact information here

Find an Arthrex Bunionectomy Doctor Near You



Scan QR code to learn more at [BunionPain.com](https://www.bunionpain.com), where you can find a doctor and hear from experts who perform the Arthrex Minimally Invasive Bunionectomy procedure.

References

1. Lee M, et al. *Foot Ankle Int.* 2017;38(8):838-846.
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3. Kheir E, et al. *Foot Ankle Int.* 2015;36(3):248-252.
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5. Lam P, et al. *Foot Ankle Clin.* 2016;21(3):459-477.
6. Maffulli N, et al. *Orthop Clin North Am.* 2009;40(4):515-524.

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1370 Creekside Boulevard, Naples, Florida 34108-1945
Tel: 800-933-7001 or 239-643-5553 • Fax: 239-591-6980