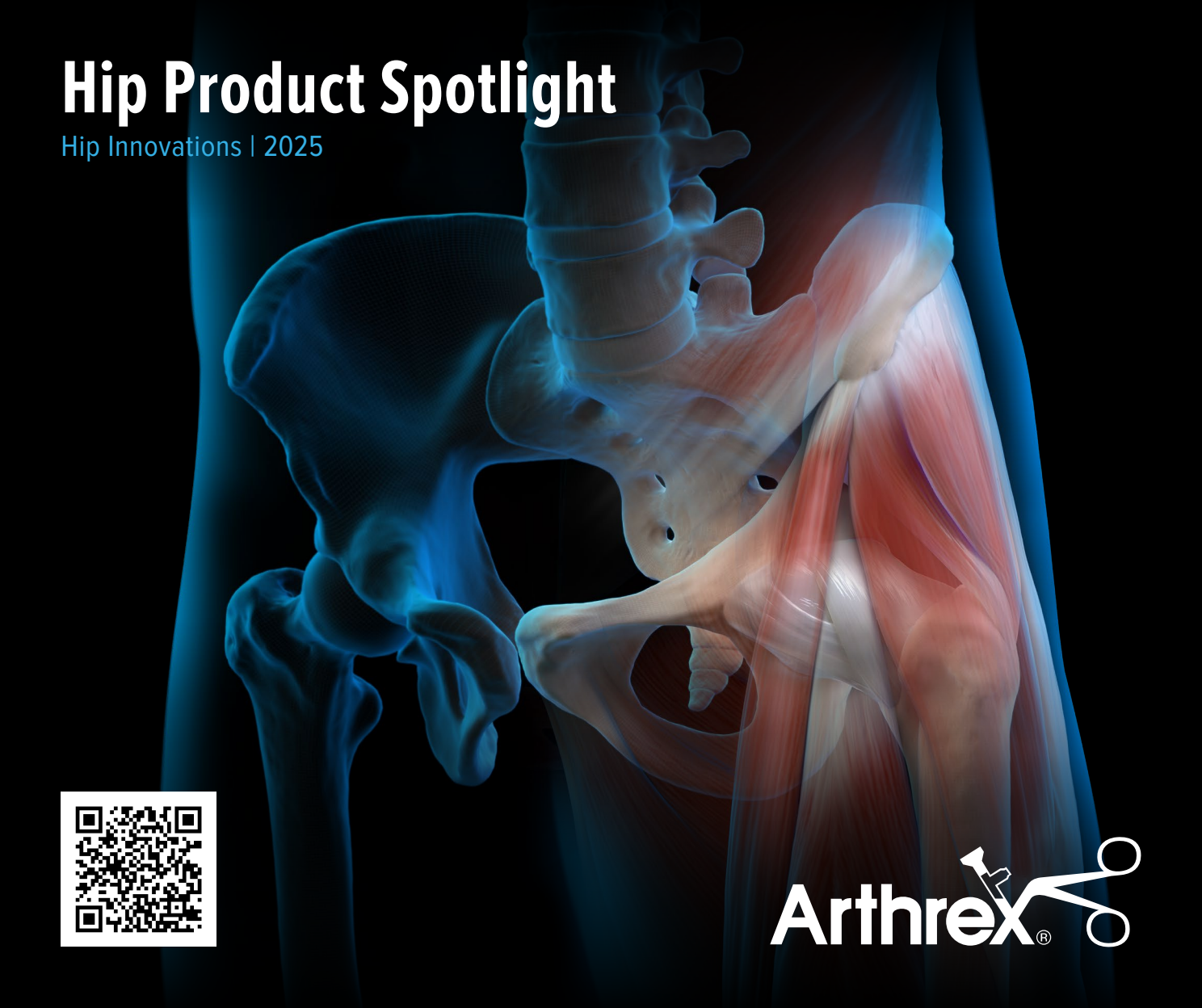
Hip Product Spotlight

Hip Innovations | 2025

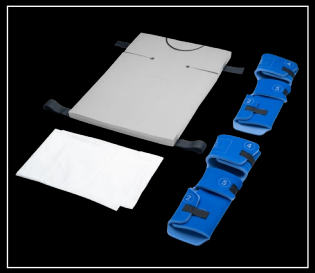


Arthrex®

HDS Traction Boot II and Postless Pad

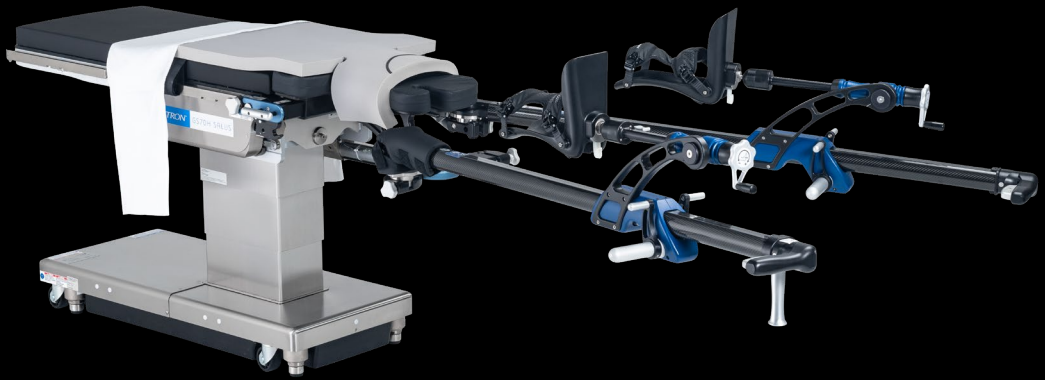
Next-Generation Technology for the Hip Distraction System (HDS)

- New and improved traction boot is universal, simplifies setup, and ensures a secure foot hold during hip arthroscopy procedures



Designed to fit all existing HDS hardware and disposables

- Postless pad provides additional support during supine hip arthroscopy procedures performed without a perineal post
- Reduces risk of groin-related complications[1]



View the technique

Reference

1. Mei-Dan O, Kraeutler MJ, Garabekyan T, Goodrich JA, Young DA. Hip distraction without a perineal post: a prospective study of 1000 hip arthroscopy cases. *Am J Sports Med.* 2018;46(3):632-641. doi:10.1177/0363546517741704

FlushFit Cannula System and SafeCut™ Capsulotomy Blades

For Atraumatic, Safe Hip Joint Access

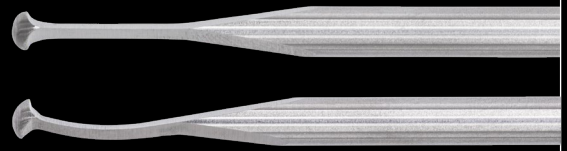
The FlushFit Cannula and Bridge System has a plastic-tipped access cannula that sits flush with the end of an arthroscope to reduce iatrogenic damage to the cartilage.

The SafeCut capsulotomy blade features a blunt tip designed to reduce the risk of iatrogenic damage to the acetabular labrum and cartilaginous surfaces of the hip.

Compatible with Pano™ scope

Standard and hip-length reusable bridges and disposable cannula kits available

Straight and curved SafeCut blade options

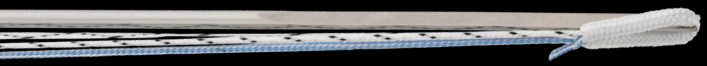


View the technique

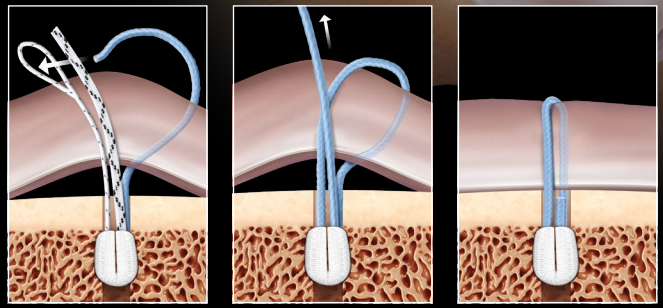
Tensionable, Knotless Anchor Technology

10 years of successful clinical outcomes in labral repair procedures[1]

Knotless 1.8 Hip FiberTak® Soft Anchor, Gen2



- Small size allows for more points of fixation
- Low-profile anchor, with controlled anatomic tensioning in a 1.8 mm socket
- Straight and 12˚, 16˚, and 20˚ curved drill guides are available



2.4 mm Knotless Hip SutureTak® Anchor

- Arthrex's first tensionable, knotless hard-body anchor compatible with curved drill guides
- Flexible fluted 1.8 mm and 1.9 mm drill bit options
- 13 mm drill depth
- 44 lb max load in 20/40 PCF[2]

References

1. Domb BG, Lee MS, Owens JS, Harris WT. Long-term survivorship and outcomes of patients without dysplasia undergoing capsular repair during primary hip arthroscopy for femoroacetabular impingement syndrome. *Am J Sports Med.* 2024;52(8):2037-2045. doi:10.1177/03635465241248603
2. Arthrex, Inc. Data on file (APT-06129). Munich, Germany; 2023.

View the technique

Biologics in the Hip

Core Decompression With the AVN Expandable Reamer, IntraOsseous BioPlasty® (IOBP®) Procedure, and AutoCart™ Technique

AVN Expandable Reamer for Femoral Head Lesions

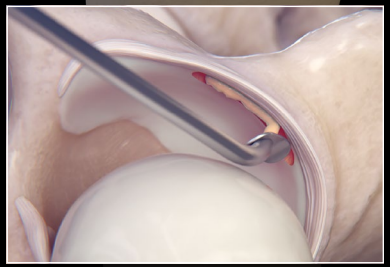
Blade allows for intralesional adjustment of blade-cutting diameter from 6 mm 18 mm, while the 5 mm shaft requires minimal bone removal and a torque limiter reduces excessive force on the blade.

IOBP Procedure for Acetabular Lesions

Encourage physiologic bone remodeling and repair with the IOBP technique, which achieves core decompression of lesions and delivers a concentrated dose of platelet-rich plasma from bone marrow aspirate (cPRP from BMA) using the Angel® system mixed with AlloSync™ Pure demineralized bone matrix (DBM).

AutoCart Technique

An efficient and cost-effective[1] procedure that uses the patient's own cells, this single-stage, arthroscopic technique can be used as a primary treatment option for focal cartilage defects in the hip. Simplify matrix-augmented cartilage implantation by using the GraftNet™ device to collect viable chondrocytes, then combine with an ideal scaffold of BioCartilage® extracellular matrix.



Explore the resources

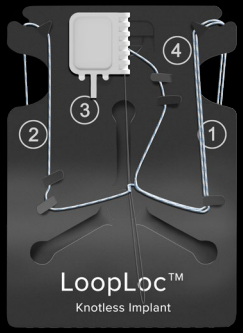
Reference

1. de Windt TS, Sorel JC, Vonk LA, Kip MMA, Ijzerman MJ, Saris DBF. Early health economic modelling of single-stage cartilage repair. Guiding implementation of technologies in regenerative medicine. *J Tissue Eng Regen Med.* 2017;11(10):2950-2959. doi:10.1002/term.2197

LoopLoc™ Knotless Implant for Capsular Closure

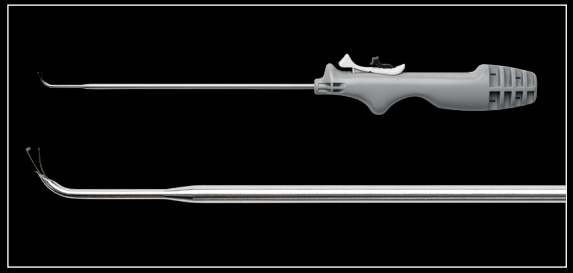
With the CapsuleStitch™ Suture Passer

Designed to close the hip capsule through a single portal without a knot stack



LoopLoc Implant

- Creates a strong, low-profile, knotless repair construct
- Eliminates prominent knot stacks
- Loaded on a step-by-step suture management card



CapsuleStitch Suture Passer

- 2.3 mm outer diameter and 70˚ bend
- 45 mm minimum suture throw underneath the hip capsule
- 7 mm extended reach during suture retrieval
- Compatible with #2 FiberWire® suture, 1.3 mm SutureTape, and LoopLoc knotless implants

View the technique

Hip Arthroscopy Redefined

From safe joint access to labral reconstruction and knotless capsular closure, Arthrex has comprehensive product offerings for every hip arthroscopy case.

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Upcoming Hip Courses

2025 Schedule

Western Hip Symposium
Arthrex West; Englewood, CO
February 21-22, 2025

Brazil Hip Course
ArthroLab™ Facility Brazil;
São Paulo, Brazil
February 27, 2025

Hip Labral Reconstruction
Arthrex, Inc.; Naples, FL
April 4, 2025

Cutting Edge of Hip Joint Preservation
Arthrex GmbH; Munich, Germany
April 30, 2025

Brazil Hip Course
ArthroLab Facility Brazil;
São Paulo, Brazil
May 27, 2025

LATAM Hip Course
Arthrex, Inc.; Naples, FL
June 10-11, 2025

Brazil Hip Course
ArthroLab Facility Brazil;
São Paulo, Brazil
August 5, 2025

Hip Horizons
Arthrex, Inc.; Naples, FL
September 12-13, 2025

Cutting Edge of Hip Joint Preservation
Arthrex GmbH; Munich, Germany
October 14, 2025

Hip Preservation Symposium
Arthrex Australia; Sydney, Australia
October 18, 2025

Hip Labral Reconstruction
Arthrex, Inc.; Naples, FL
November 7, 2025

Brazil Hip Course
ArthroLab Facility Brazil;
São Paulo, Brazil
November 11, 2025

Western Hip Symposium
Arthrex West; Englewood, CO
December 5, 2025

View the full list of hip arthroscopy courses

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