iBalance[®] Opening Wedge Osteotomy System Abbreviated Surgical Technique Guide

Step	Description	Important Notes
Pre-op	Measure correction angle and tibial width on x-ray	
1	Remeasure tibial width using fluoroscopy	
2	Make 7-9 cm vertical incision	
3	Elevate tissue and make an inverted L-shaped incision	
4	Elevate patellar tendon attachment 2-3 mm	
5	Elevate tissue around posterior tibia	
3 4 5 6 7	Insert NV Shield around posterior tibia	
7	Check location	NV Shield should be 15° from
	of NV Shield in a A/P fluoroscopy view	tibial plateau and NV Shield
		tip directed at middle of tib/fib
		joint to ease subsequent biplanar
		alignment
	Remove NV Shield	~~~~
8	Set up fluoroscope in lateral view	Fix leg position w/Leg Holder/
	I. Align tibial plateaus	triangle/brace to ease biplanar
	II. Align posterior aspects of tibial plateaus	alignment
	Insert instrument assembly under elevated soft tissues	-
	Align Biplanar Alignment Bar with tibia using fluoroscopy	Ensure Medial Locator and AM
	I. Align medial and lateral bars	Tab are in contact with bone to
	II. Rest the bar along tibial A/P slope	ensure proper implant fit
	Insert anterior fixation pin	
	Set up fluoroscope in A/P view	
	Rotate instrumentation until hinge pin is a minimum of	Ensure Medial Locator and AM
	25% farther from the tibial plateau than the lateral cortex	Tab are in contact with bone to
		ensure proper implant fit
	Insert AM Fixation Pin	Recheck Medial Locator and AM
		Tab are in contact with bone
	Remove Alignment Handle	
9	Install Tissue Protector and drill bi-cortical Hinge Pin hole	
10	Install Hinge Pin	Remove Biplanar Alignment Bar
11	Drill posterior keyhole	
12	Insert provisional pin	
13	Drill anterior keyhole and remove keyhole guide	
14	Install Cutting Guide	

16 Fasten NV Shield Ensure the NV Shield is fully seated in Cutting Guide 17 Saw osteotomy Use the full swath of the Cutting Guide to cut all bone in the sa envelope 18 Check with Multi-Tool all bone is cut Image: Check with Multi-Tool all bone in posterior/lateral corner of safety envelope with osteotome 20 Remove NV Shield and Cutting Guide Check osteotomy is complete If osteotomy is incomplete, reinstall NV Shield and Cutting Guide and saw uncut bone 21 Install Opening Jack Use provisional to align the Opening Jack 22 Slowly open osteotomy Over open osteotomy 1-3°	
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Opening Jack	
22 Slowly open osteotomy 1-3°	
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Pack osteotomy with graft	
23 Insert implant through Opening Jack	
24 Seat the implant fully in the bone	
Disassemble Opening Jack and remove Hold implant during removal	
25 Drill superior/posterior anchor hole up to	
subchondral bone	
26 Measure hole depth	
Install anchor Only tighten anchor until	
flush w/implant, plus a ¼ turn	
Repeat for superior/anterior anchor	
27 Drill inferior/posterior anchor hole through distal cortex	
28 Measure hole depth	
29 Tap distal cortex	_
30 Install anchor	Ο
30 Install anchor Repeat for superior/anterior anchor Arthrex 31 Soft tissue closure	
31 Soft tissue closure ATTICA®)

Small (SM)	Medium (MD)	Large (LG)	X-Large (XL)
64 mm - 70 mm	70 mm - 78 mm	78 mm - 88 mm	88 mm-96 mm