Trans-SAP Approach for Cranial Extrusion

Quick Reference Guide



Α

Midline

> With a blunt dissector, mark the midline using the spinous processes as reference (Line A).



Marking Lateral Line

 From the midline (Line A), mark a horizontal line that is the length of Line C and aligned with the disc space line (Line B).



В

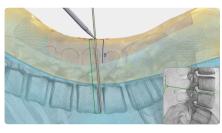
Disc Space

> Mark the disc space at the level of herniation (Line B).



Needle Placement

Insert the needle at the lateral end of Line C, advancing it along the disc space line (Line B) to dock on the ventral medial aspect of the superior articular process (SAP).



С

Measuring Lateral Line

 On a lateral x-ray, measure the distance from the ventral disc space to the dorsal surface of the skin (Line C).

