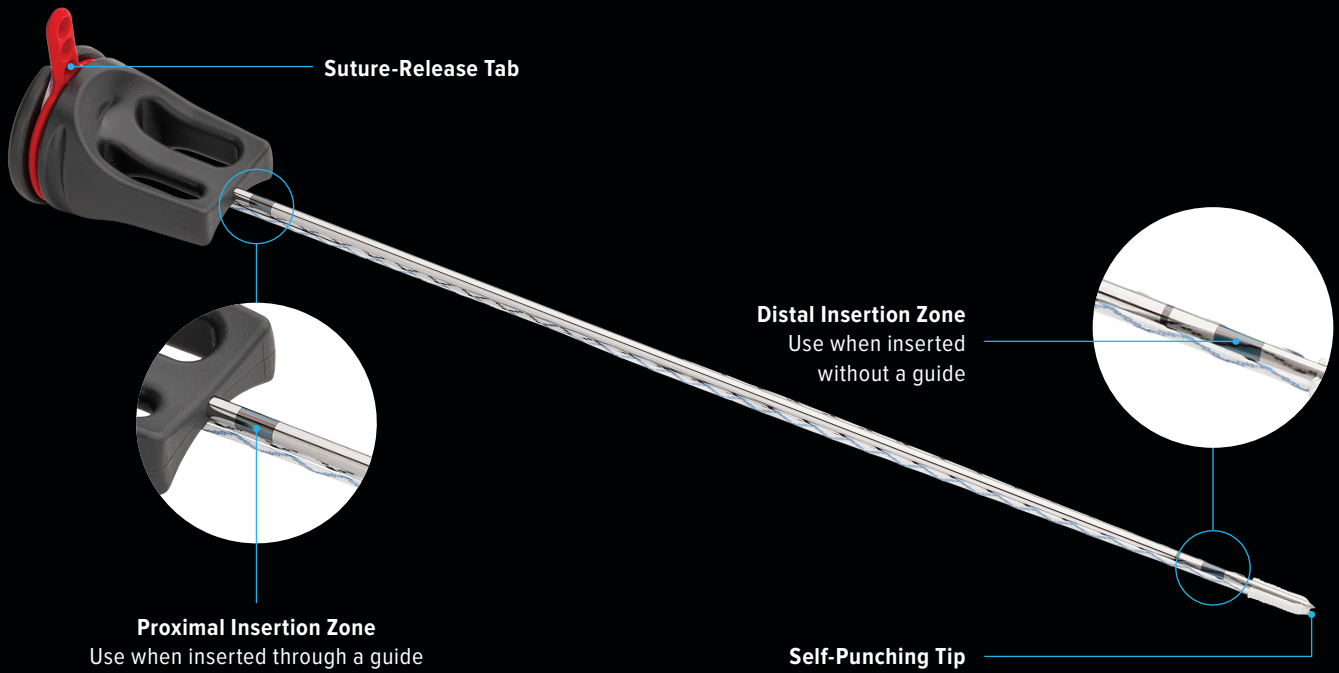


# FiberTak<sup>®</sup> Self-Punching Inserter

Product and Technique Highlight



FiberTak anchors, featuring self-punching inserters for rotator cuff repair, efficiently eliminate the need to predrill or prepunch a bone socket prior to anchor insertion. With direct visualization of the inserter tip, the self-punching feature lets users precisely insert the anchor into bone.

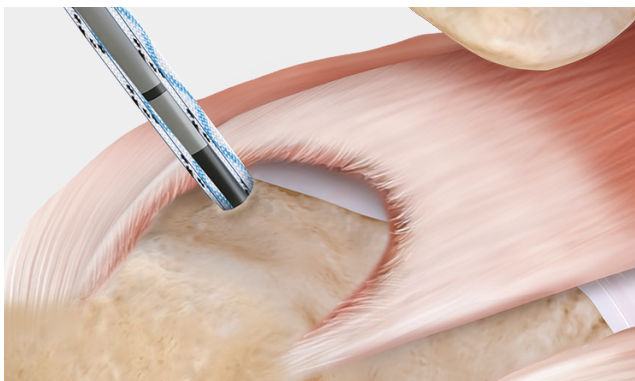
## Ordering Information

Implants		Reusable Instrumentation	
Product Description	Item Number	Product Description	Item Number
Self-Punching 2.6 FiberTak Anchor, double-loaded w/ 1.3 mm SutureTape	AR-3632SP	Angled Spear for 2.6 mm FiberTak Anchor, black handle	AR-3655
Self-Punching Knotless 2.6 FiberTak Anchor, w/ #5 suture	AR-3641SP	Crown-Tip Spear, orange handle	AR-1906
Self-Punching 2.6 FiberTak Anchor, triple-loaded w/ three 1.3 mm SutureTape	AR-3633SP	Fishmouth Spear, orange handle	AR-1907
FiberTak DR Anchor, (White/Black), self-punching, 1.7 mm TigerTape™ Loop (white/black), 1.3 mm SutureTape (white/blue)	AR-3652SP	<b>Disposables</b>	
FiberTak DR Anchor, (Blue), self-punching, 1.7 mm FiberTape Loop (blue), 1.3 mm SutureTape (white/black)	AR-3652TSP	<b>Product Description</b>	<b>Item Number</b>
FiberTak DR Anchor, (Black/Blue), self-punching, 1.7 mm FiberTape® Loop (black/blue), 1.3 mm SutureTape (blue)	AR-3652TTSP	<b>2.6 FiberTak Anchor Disposable Kit</b>	AR-3650DS
Knotless FiberTak DR, Anchor (White/Black), self-punching, w/ 1.7 mm TigerTape Loop (white/black) and #2 suture (blue)	AR-3653SP	Includes: Spear, trocar-tip obturator, 2.6 mm drill	
Knotless FiberTak DR, Anchor (Blue), self-punching, w/ 1.7 mm FiberTape Loop (blue) and #2 suture (white/black)	AR-3653TSP		
Knotless FiberTak DR, Anchor (Black/Blue), self-punching, 1.7 mm FiberTape Loop (black/blue), #2 suture (blue/black)	AR-3653TTSP		



## Product and Technique Highlight

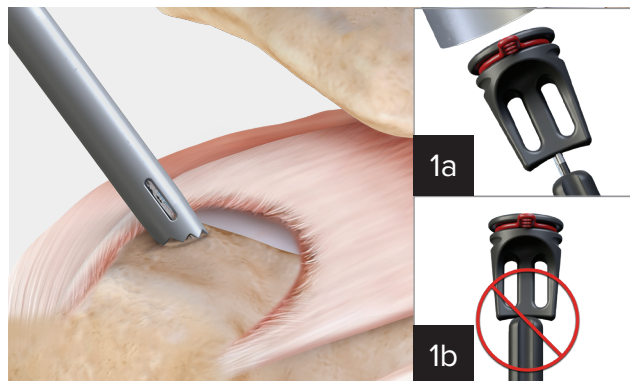
Self-punching FiberTak® anchors may be used with or without a guide and are compatible with existing disposable and reusable instrumentation.



### Without Guide

- Position the FiberTak self-punching anchor at the articular margin
- Keep the anchor inserter in position and mallet the inserter until the distal insertion zone reaches the cortex

**Note: If hard bone is encountered, a drill or punch can be used to prepare the bone socket for the SP implants.**

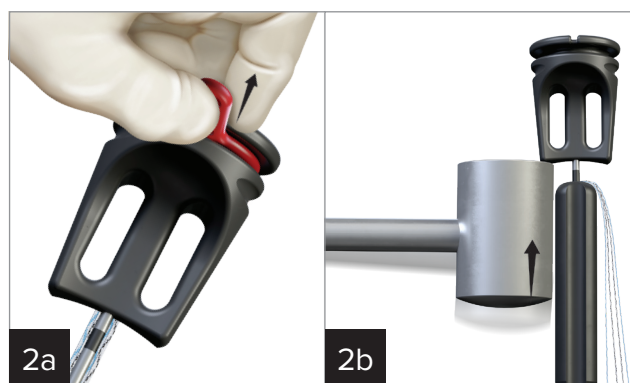


### With Guide

- Align the teeth of the guide lateral to the articular margin
- Carefully keep the guide in position and mallet the inserter until the proximal insertion zone reaches the back of the guide handle (1a)
- Do not impact the inserter body into the back of the guide. This could inadvertently advance the guide into bone, compromising the cortex and potentially impact fixation strength (1b)

### Inserter Removal

- Remove suture release tab (2a)
- Remove anchor inserter
  - Do not twist inserter to remove
  - If inserter is not easily removed, light mallet taps on the leading edge of the inserter handle can aid in removal (2b)
- Once inserter is removed, pull on all sutures to set the anchor



This description of technique is provided as an educational tool and clinical aid to assist properly licensed medical professionals in the usage of specific Arthrex products. As part of this professional usage, the medical professional must use their professional judgment in making any final determinations in product usage and technique. In doing so, the medical professional should rely on their own training and experience and should conduct a thorough review of pertinent medical literature and the product's directions for use. Postoperative management is patient-specific and dependent on the treating professional's assessment. Individual results will vary and not all patients will experience the same postoperative activity level or outcomes.

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