Hip Distraction System (HDS) Setup Instructions

Hip Arthroscopy



Slide the appropriate HDS table clamps over the Clark railings on each side of the bed and lock them in place.



Attach the HDS patient platform (AR-**6529-01**) to the HDS table clamps.



Grasp the slot in the HDS patient platform and pull it toward the operative side.



Slide the mounting pin on the HDS patient platform toward the operative side.



Place the reversible HDS patient platform pad (AR-**6529-02**) over the HDS patient platform.



Attach and lock the HDS well leg spar adapter (AR-**6529-15**) to the bottom of the HDS table clamp.



Attach the HDS well leg spar (AR-**6529-14**) to the well leg adapter.



Attach the operative leg spar (AR-**6529-05**) to the HDS patient platform.



Optional: Attach the optional HDS prep table (AR-**6529-03**) to the HDS patient platform.



Attach the HDS perineal post (AR-**6529-07**) to the operative side of the patient platform.



Place the reusable HDS perineal post pad (AR-**6529-08**) with the HDS perineal post pad cover (AR-**6529-11**) over the HDS perineal post.



Optional: Place the postless pad (AR-6529-22) on the OR bed and secure with the Velcro straps when performing a postless hip arthroscopy procedure.



Attach the HDS traction boots (AR-**6529-23**) to both Teletrac carriages.

HDS Traction Boot Setup Instructions



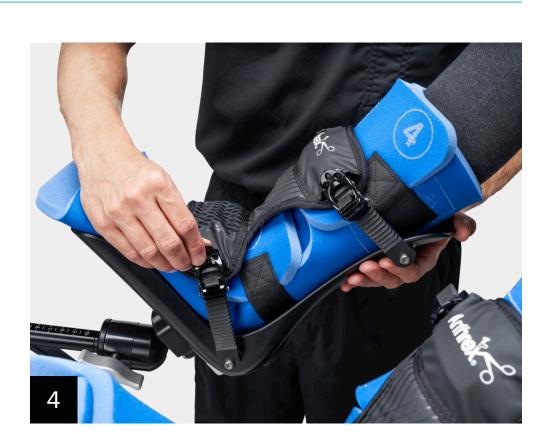
Place the foot into the flexed HDS traction boot (AR-**6529-23**).



Place the instep pad over the top of the shin and foot and insert the top strap on the boot through the ratchet on the instep pad.



Tighten the ratchet down to secure the instep pad over the foot.



Repeat for the other 3 ratchets on the boot. Do not overtighten the ratchets and always ensure a finger can be placed under the instep pad between the blue foam pad and the instep pad.



