

# Mechanical and Biomechanical Comparison Testing of 1.3 mm SutureTape

Arthrex Research and Development

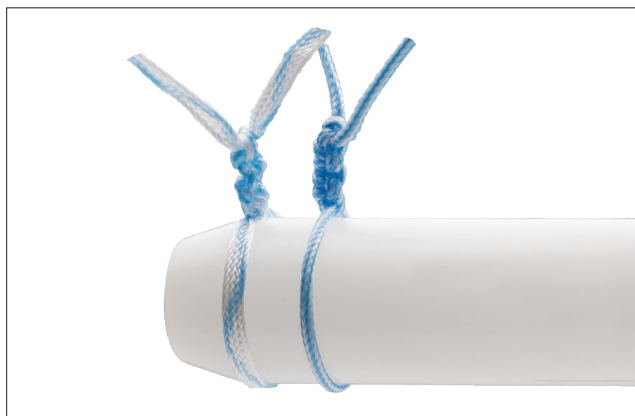
## Objective

Determine the knot security and tissue pull-through characteristics of 1.3 mm SutureTape, and compare the results to #2 FiberWire® suture.

## Methods and Materials

**Knot Security Testing:** Six samples each of 1.3 mm SutureTape and #2 FiberWire suture were used to create six-throw surgeon's knots (alternating half-hitches) over a  $\frac{3}{8}$  in dowel (Figure 1). All samples were prepared by Stephen S. Burkhart, MD.

**Figure 1.** Six-throw surgeon's knot tied over a  $\frac{3}{8}$  in dowel with 1.3 mm SutureTape (left) and #2 FiberWire suture (right).



Mechanical testing was performed using an INSTRON® 5544 Electromechanical Dynamic Testing Machine with a 2 kN load cell secured to the cross-head. Custom fixtures with 3.95 mm dowel pins were secured to the testing surface and crosshead (Figure 2). A pull-to-failure test was performed at 12 in/min, and load and displacement data were recorded at 500 Hz. The failure load and maximum load at 3 mm displacement were determined for each sample.

**Figure 2.** Knot security test setup.



**Tissue Pull-Through Testing:** Matched pairs of male shoulders ( $59 \pm 8$  yrs) were dissected, leaving the glenoid and labrum attached. One sample of each suture type was passed under the labrum in a simple stitch configuration at the 5:00 and 7:00 positions of the glenoid "clock face" for each glenoid sample. Biomechanical testing was performed using an E10kN INSTRON ElectroPuls™, with a 1 kN load cell secured to the crosshead. Glenoid samples were mounted to the testing surface on a three-degrees-of-freedom fixture, allowing the sample to be positioned such that the sutures were pulled perpendicular to the labrum and parallel to the glenoid face. The suture tails were secured in a pneumatic clamp (Figure 3). A pull-to-failure test was conducted at 12 in/min, and load and displacement data were recorded at 500 Hz.

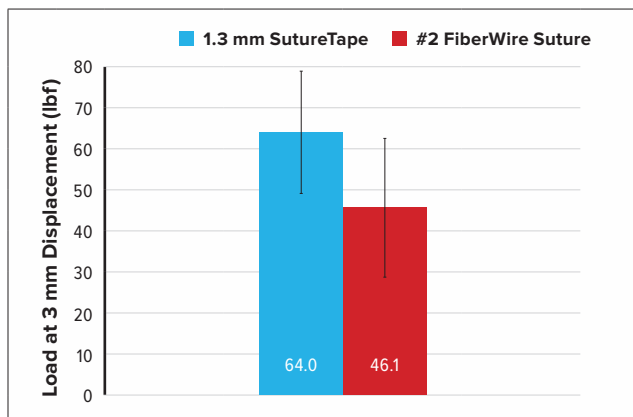
**Figure 3.** Tissue pull-through test setup.



## Results

Knot Security Testing: Both suture sample groups had average failure loads above 60 lbf, and there was no significant ultimate load difference between the two groups ( $P = .219$ ). However, the load at 3 mm displacement for the 1.3 mm SutureTape ( $64.0 \pm 13.4$  lbf) was significantly larger than the #2 FiberWire® suture ( $46.1 \pm 16.6$  lbf) ( $P = .026$ ). The load at 3 mm displacement is shown graphically in Figure 4.

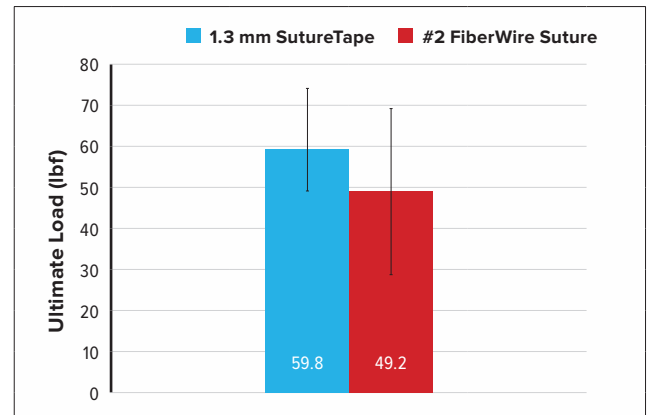
Figure 4. Load at 3 mm displacement.



The ultimate failure loads of the 1.3 mm SutureTape samples occurred between 2 mm and 3 mm displacement, while the failure loads of the #2 FiberWire suture samples occurred between 3 mm and 11 mm displacement, further demonstrating the superior knot security of the 1.3 mm SutureTape.

Tissue Pull-Through Testing: The tissue pull-through ultimate load of the 1.3 mm SutureTape and #2 FiberWire suture samples was  $59.8 \pm 13.9$  lbf and  $49.2 \pm 19.6$  lbf, respectively. The difference between the groups was not significantly different ( $P = .219$ ). The results are shown graphically in Figure 5.

Figure 5. Tissue pull-through ultimate loads.



## Conclusion

The 1.3 mm SutureTape demonstrated significantly superior knot security when compared to #2 FiberWire suture. Also, though not significant, the average tissue pull-through ultimate load was 21% greater than that of the #2 FiberWire suture.