# **Balance**<sup>®</sup>TKA

### **Flexion/Extension Gap Balancing Chart**

	<b>TIGHT IN FLEXION</b>	STABLE IN FLEXION	LOOSE IN FLEXION
<b>TIGHT IN EXTENSION</b>	<ul> <li>Flexion and extension gaps are too small</li> <li><i>Possible Correction(s):</i></li> <li>Use a thinner tibial bearing insert</li> <li>Resect additional tibia</li> </ul>	<ul> <li>Extension gap is too small</li> <li><u>Possible Correction(s):</u></li> <li>Recut additional distal femur</li> <li>Posterior capsular release</li> </ul>	<ul> <li>Flexion gap is bigger than the extension gap</li> <li>Possible Correction(s):</li> <li>Recut additional distal femur and use a thicker tibial bearing insert</li> <li>Posterior capsular release</li> </ul>
STABLE IN EXTENSION	<ul> <li>Flexion gap is too small</li> <li><u>Possible Correction(s):</u></li> <li>Downsize femoral implant and shift block anterior by 1.3 mm</li> <li>Increase tibial slope</li> <li>Recess PCL off of femur or tibia</li> <li>Excise PCL and convert to a PS implant</li> </ul>	Balanced Gaps No Correction Necessary	<ul> <li>Flexion gap is bigger than the extension gap</li> <li>Possible Correction(s):</li> <li>Decrease tibial slope and use a thicker tibial bearing insert</li> <li>Recut additional distal femur and use a thicker tibial bearing insert</li> </ul>
ENSION	Extension gap is bigger than flexion gap <u>Possible Correction(s):</u> • Downsize femoral implant	Extension gap is too big <u>Possible Correction(s):</u> • Downsize femoral implant	Flexion and extension gaps are too big <u>Possible Correction(s):</u> • Use a thicker tibial bearing

- Downsize femoral implant and use a thicker tibial bearing insert
- Increase tibial slope
- Recess PCL off femur or tibia
- Excise PCL and convert to a PS implant

- Downsize femoral implant and use a thicker tibial bearing insert
- Increase tibial slope and use a thicker tibial bearing insert

 Use a thicker tibial bearing insert

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## Bance Tra

### Flexion/Extension Cap Balancing Chart



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