



HELPING SURGEONS TREAT THEIR PATIENTS BETTER

1st BASIC SHOULDER ARTHROSCOPY COURSE

ArthroLab, Sonnenstr. 26 (1st basement) 80331 Munich

PROGRAM May 23rd, 2012

Faculty: Dr. Maarten van der List, Netherlands

08:15 Welcome and Coffee

08:30-09:30 Presentations

- Clinical Tests for Instability & Rotator Cuff Insufficiency
- Landmarks & Portal Placement in Shoulder Arthroscopy
- 1st Look – Arthroscopic Diagnostics in the Glenohumeral Joint
- 1st Look – Arthroscopic Diagnostics in the Subacromial Space
- Instability Repair (Bankart & SLAP Lesions)

09:30-12:00 DryLab and WetLab

- Landmarks & Portal Placement in Shoulder Arthroscopy
- 1st Look – Arthroscopic Diagnostics in the Glenohumeral Joint
- 1st Look – Arthroscopic Diagnostics in the Subacromial Space
- Bankart Repair using Bio-SutureTak, SwiveLock & PushLock Anchor

12:00-12:45 Lunch

12:45-13:30 Presentations

- Partial Rotator Cuff Tear - Pathology
- Full thickness Rotator Cuff Tear - Pathology
- Single Row Repair – Indications, How to Do & Surgical Pearls

13:30-16:00 DryLab and WetLab

- Side to Side Repair using different Suture Passers
- Single Row Repair using different Anchor Systems
 - Corkscrew FT (knot tying)
 - SwiveLock Anchor (SpeedFix) (knotless)

16:00-16:15 Discussion & Closure

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