

FOOT AND ANKLE HANDS-ON WORKSHOP

ArthroLab, Sonnenstr. 26 (1st basement), 80331 Munich

PROGRAM December 1st, 2011

- 09:00-09:15 Welcome / Introduction
- 09:15-10:30 Lessons Part I
- Hallux Valgus – Algorithm and Treatment options
 - Hallux Rigidus – Treatment options
 - Metatarsalgia – Diagnostics and Treatment options
 - Lesser Toes Deformities (Hammertoes)
- 10:30-10:45 Coffee Break
- 10:45-12:45 Hands-On Forefoot
- Soft Tissue Preparation – *Lateral Release*
 - MTP Prosthesis – *AnaToemic*
 - MTP Arthrodesis – *MTP Plate*
 - Hallux Valgus: Distal Correction – *BioCompression Screw*
 - Hallux Valgus: Proximal Correction – *Lapidus Plate and LPOW Plate*
 - Weil Osteotomy – *QuickFix Screws*
 - Hammertoes – *TrimIt SpinPin*
- 12:45-13:30 Lunch
- 13:30-14:45 Lessons Part II
- Pes Planus – Treatment options
 - Midfoot and Hindfoot Fusions
 - Achilles Tendon – Pathologies and Treatment options
- 14:45-15:00 Coffee Break
- 15:00-17:00 Hands-On Midfoot and Hindfoot
- Subtalar Arthroereisis – *ProStop*
 - Evans Osteotomy – *H-Plate*
 - Calcaneus Displacement Osteotomy – *StepPlate*
 - FDL-Tendon Transfer – *Bio-Tenodesis*
 - Midfoot Fusions – *LPS Screws / Compression Staple*
 - Insertional Achilles Tendinosis – *Achilles SutureBridge*
 - Acute Achilles Ruptures – *PARS Achilles Jig*

